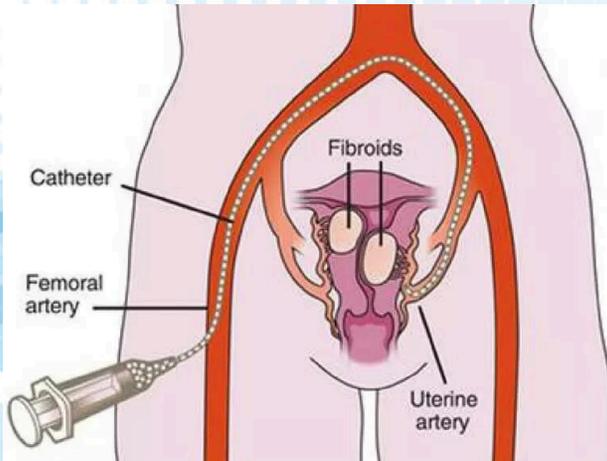


The Procedure

- Performed by an Interventional Radiologist
- Local anesthesia and sedation is used
- The procedure takes approximately 1-2 hours



The Recovery

- Most women return to normal activities within a week
- Cramping, mild pain, or nausea can occur for a few days, post-procedure
- Your healthcare provider will provide specific post-procedure care instructions

Contact us for questions or to schedule a consultation. We look forward to caring for you at our comprehensive Uterine Fibroid Center.

Contact Us

📍 1055 Post Rd, Suite 150,
Fairfield, CT 06824

📞 (203) 386-3164

🌐 AdRadIR.com

✉️ AIR@AdRad.com

A Patient's Guide to Uterine Fibroid Embolization

Minimally Invasive treatment
option for Fibroids



What Are Uterine Fibroids?

Uterine fibroids are non-cancerous growths that develop in or on the uterus. They can range from very small to large and cause various symptoms.

Common Symptoms of Fibroids

- Heavy menstrual bleeding
- Pelvic pain or pressure
- Frequent urination
- Constipation
- Back or leg pain
- Enlarged abdomen / bloating
- Pain during sexual intercourse

Who is at Risk?

- 70% to 80% of all women between 30 and 50 years of age
- Of African descent
- With a family history of fibroids
- Who are overweight

What Is Uterine Fibroid Embolization (UFE)?

UFE is a minimally invasive procedure used to treat uterine fibroids. It works by blocking the blood supply to the fibroids, causing them to shrink and alleviating symptoms.

How does UFE Work?

A small catheter is inserted into the uterine arteries. Tiny particles are then injected through the catheter to block the blood flow to the fibroids.

Benefits of UFE

- Minimally invasive, no large incisions
- Shorter recovery time compared to surgery
- Preserves the uterus
- Effective symptom relief

Who can benefit from UFE?

Women experiencing moderate to severe symptoms from fibroids who want to avoid surgery or preserve their uterus. UFE is an alternative to hysterectomy or myomectomy.



Why choose UFE?

Studies show up to 95% of women experience significant relief from their symptoms after UFE. The procedure is safe with a low complication rate.